



The Venegia Valley

With its wild charm and its numerous endemisms, the Venegia Valley, which is located in Eastern Trentino, lies in the northern part of the "Paneveggio Pale di San Martino" Natural Park.

It is a glacial valley of extraordinary environmental value. The geomorphology of Venegia Valley shows that sediments of the last glaciations, of the Pleistocene, 10-15,000 years ago, are hidden under the surface of the meadows. Along the valley you will encounter low grassy hills. They are embankments or morainic strips: deposits of rock fragments, glacial silt and flows of detrital material.

In the Park Plan, Venegia Valley is identified as a "guided reserve"; it is therefore subject to particular constraints. It is a real

botanical garden, crossed by the Travnolo and the Vallazza streams: scholars have registered over 500 different species of plants there. The peaks of the Pale di San Martino frame this splendid natural amphitheater.

In Venegia Valley there are two easily accessible refreshment points: the Agritur Malga Venegia and the Agritur Malga Venegioti. They are the point of arrival and departure of many excursions. The best ones are those that starting from the northern part of the valley arrive at the refuge "Giuseppe Volpi di Misurata" at Mulaz pass and at the famous refuge "Baita Segantini", with a beautiful view on the Cimon della Pala.

Source: www.visittrentino.info

